



200 West Pearl Street  
Findlay, Ohio 45840  
419-424-0380

## Bone Density Test

Appointment Date \_\_\_\_\_

Appointment Time \_\_\_\_\_

- Please check in on the West side of the office (closest to the quarry). Do not go to the Hospital for this test.
- Bring your Calcium supplement, Multi-Vitamin, and Vitamin D bottles with you on the day of your test.
- Wear comfortable clothing that does not have buttons and zippers. Women will be asked to remove bras. Sports bras may be left on if they have no metal.
- Do not wear strong perfume or cologne.
- The test will take approximately 30 minutes.
- Do not take your Calcium supplement the morning of your test or 3 hours prior to the test if your appointment is later in the day.
- Please check with your insurance to make sure a Bone Density test is a covered benefit for you. Medicare will cover this test no sooner than every 2 years.